



# LANDMARK HOSPITAL OF SAVANNAH

## OUTPATIENT CT IMAGING SERVICES



### Contact Information:

Landmark Hospital of Savannah  
Radiology Department  
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## OUTPATIENT CT SCANNING

*Thank you for choosing Landmark Hospital for your exam. It is our privilege to serve you.*

Your physician has ordered a Computer Tomographic (CT) examination which is a very valuable diagnostic tool that allows high quality 360-degree images to be taken inside the body using a series of thin x-ray beams.

The risks associated with CT scans are very minimal and are similar to those of conventional x-rays where you will be briefly exposed to radiation beams, however, the diagnostic benefits of a CT scan far outweigh the risks.

Patients who have pacemakers or other such devices can still have a CT scan completed. If you are pregnant or think you may be pregnant, be sure to tell your physician or radiology technologist prior to the exam as your physician may want to recommend another procedure.

Also, inform your physician or technologist if you have ever had an allergic reaction to a iodine, contrast medium or have a medical condition such as diabetes, asthma, heart disease, kidney problems or a thyroid condition as this may increase your risk of a contrast reaction. On rare occasions, the contrast used during a CT can cause an allergic reaction. Most reactions are mild, but in some rare cases, allergic reactions can be severe but can also be treated well with medications.

If your test is with IV contrast, it is important you do NOT eat or drink anything for 3-4 hours before exam. You may take morning medications with a small amount of water.

If your test is with oral contrast, please arrive 1 hour and 15 minutes before your scheduled appointment time in order to prepare for your exam.

For all other tests, plan to arrive 15 minutes before your scheduled appointment time to complete pre-admission paperwork. Your prompt arrival is important in order to give our staff enough time to get you ready for your exam. If you are running late, please notify Landmark Imaging Services by calling (912) 298-1038.

You may visit our website [www.landmarkhospitals.com](http://www.landmarkhospitals.com) to print a portion of this paperwork to complete before hand and bring with you to your appointment.

## WHEN YOU COME TO THE HOSPITAL

*Please bring the following with you...*

- Referral form
- Your driver's license and insurance cards
- Prior exam on CD and report if available

*If your exam is with IV contrast...*

Creatinine bloodwork within the last 30 days (this lab test will be performed at Landmark Hospital if not available)

## POST-PROCEDURE INSTRUCTIONS

**You may go about your normal routine.**

*If you have received IV contrast...*

- Drink 24-48 oz of fluid to help your kidneys remove the contrast material from your body.
- If you are taking one of the diabetic medications listed below, do NOT take this medication for 48 hours after the examination without first consulting your physician to let them know you have received IV contrast. Your physician may want to do an additional test before you resume your medication.

*Contact your physician if you are taking any of the following:*

ActoPlusMet, ActoPlus Met XR	Avandamet
fortamet	glipizide/metformin
Glucophage, Glucophage XR	Glucovance
Glumetza	glyburide/metformin
Janumet, Janumet XR	Jentadueto
Kombiglyze XR	Linagliptin/metformin
Metaglip, metformin	pioglitazone/metformin
Prandimet	repaglinide/metformin
Riomet	rosiglitazone/metformin
saxagliptin/metformin	sitagliptin/metformin

After your exam, our Radiologist will interpret your CT scan and send a report to your referring physician. Your physician will be notified immediately if an abnormality of urgent nature is discovered on your scan. Copies of the report can be obtained through your referring physician's office. Your physician can call Landmark Hospital Imaging Services at (912) 298-1038 for a copy of your report.